



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Heuser, Detlef

Club: TV Werne 03
Number: 171

Course: 21.34 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:13:42

Speed: 9.42 km/h
Running performance: 6:16 min/km

Rank in course/Total: 67 (of 201)

Rank in course/Men: 58 (of 167)

Best time in course: 1:32:52

Rank in category: 2(of 13)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:46	5:41	1	-	55	5:26	3.47	19:46	5:41	2		61	
Runde	3.47	20:59	6:02	2	0:01	54	6:10	6.94	40:45	5:52	2		60	11:07
Runde	3.47	22:39	6:31	2	2:03	69	8:59	10.41	1:03:24	6:05	2	1:31	60	18:13
Runde	3.47	23:55	6:53	3	3:46	88	8:08	13.88	1:27:19	6:17	2	5:17	58	26:21
Runde	3.47	23:34	6:47	2	2:29	57	7:33	17.35	1:50:53	6:23	2	7:46	57	33:54
Runde	3.97	22:49	5:44	2	3:08	48	22:13	21.34	2:13:42	6:15	2	10:54	59	1:26:15