



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Evers, Karsten

Club: LV ASPA Wolfsburg
Number: 85

Course: 21.34 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:16:00

Speed: 9.26 km/h
Running performance: 6:22 min/km

Rank in course/Total: 73 (of 201)

Rank in course/Men: 63 (of 167)

Best time in course: 1:32:52

Rank in category: 14(of 34)

Best time in the category: 1:41:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:20	5:17	9	3:39	30	4:00	3.47	18:20	5:17	31		65	
Runde	3.47	22:03	6:21	16	5:51	79	7:14	6.94	40:23	5:49	31		64	10:45
Runde	3.47	23:25	6:44	18	9:45	90	9:45	10.41	1:03:48	6:07	31		64	18:37
Runde	3.47	22:53	6:35	12	5:06	63	7:06	13.88	1:26:41	6:14	22		62	25:43
Runde	3.47	24:54	7:10	18	6:35	82	8:53	17.35	1:51:35	6:25	22		61	34:36
Runde	3.97	24:25	6:09	18	6:48	76	23:49	21.34	2:16:00	6:22	14	34:18	64	1:28:33