



13. Untertage-Sparkassen-Marathon
Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Daume, Sebastian

Total time: 1:44:55

Number: 63

Speed: 12.01 km/h

Running performance: 4:55 min/km

Course: 21.34 km

Rank in course/Total: 4 (of 201)

Halbmarathon

Rank in course/Men: 4 (of 167)

Best time in course: 1:32:52

Category:

Rank in category: 2(of 27)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:32:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	15:05	4:20	2	0:16	5	0:45	3.47	15:05	4:20	27		5	
Runde	3.47	16:59	4:53	2	2:10	6	2:10	6.94	32:04	4:37	27		4	2:26
Runde	3.47	18:13	5:14	4	2:40	14	4:33	10.41	50:17	4:49	27		4	5:06
Runde	3.47	18:42	5:23	3	2:55	11	2:55	13.88	1:08:59	4:58	27		4	8:01
Runde	3.47	18:12	5:14	2	2:11	5	2:11	17.35	1:27:11	5:01	26		4	10:12
Runde	3.97	17:44	4:28	3	1:51	7	17:08	21.34	1:44:55	4:54	2	12:03	5	57:28