



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Pompetzki, Tino

Club: Bernauer Lauffreunde
Number: 356

Course: 21.34 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:16:33

Speed: 9.23 km/h
Running performance: 6:24 min/km

Rank in course/Total: 74 (of 201)

Rank in course/Men: 64 (of 167)

Best time in course: 1:32:52

Rank in category: 13(of 27)

Best time in the category: 1:32:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:17	6:08	16	6:28	78	6:57	3.47	21:17	6:08	1	-	66	
Runde	3.47	21:57	6:19	15	7:08	74	7:08	6.94	43:14	6:13	1	-	65	13:36
Runde	3.47	22:04	6:21	12	6:31	57	8:24	10.41	1:05:18	6:16	1	-	65	20:07
Runde	3.47	22:34	6:30	13	6:47	55	6:47	13.88	1:27:52	6:19	1	-	63	26:54
Runde	3.47	23:14	6:41	12	7:13	53	7:13	17.35	1:51:06	6:24	15		62	34:07
Runde	3.97	25:27	6:24	17	9:34	85	24:51	21.34	2:16:33	6:23	13	43:41	65	1:29:06