



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Theeg, KATRIN

Club: SV-Emsetal
Number: 465

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:17:38

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 79 (of 201)

Rank in course/Women: 11 (of 34)

Best time in course: 1:55:00

Rank in category: 4(of 7)

Best time in the category: 2:02:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	20:28	5:53	4	2:45	10	2:45	3.47	20:28	5:53	4	2:45	18	
Runde	3.47	21:48	6:16	2	2:18	7	3:03	6.94	42:16	6:05	4	5:03	18	
Runde	3.47	22:58	6:37	4	2:35	12	3:56	10.41	1:05:14	6:15	4	7:38	18	
Runde	3.47	23:32	6:46	5	2:40	13	4:13	13.88	1:28:46	6:23	4	10:18	18	
Runde	3.47	25:04	7:13	4	3:28	13	5:18	17.35	1:53:50	6:33	4	13:46	18	
Runde	3.97	23:48	5:59	4	3:08	12	4:23	21.34	2:17:38	6:26	4	15:37	11	22:38