



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kolasinski, Jörg

Club: Bitterfeld-Wolfen
Number: 254

Course: 21.34 km
Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:17:08

Speed: 9.19 km/h
Running performance: 6:25 min/km

Rank in course/Total: 76 (of 201)

Rank in course/Men: 66 (of 167)

Best time in course: 1:32:52

Rank in category: 6(of 17)

Best time in the category: 1:52:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:43	6:15	7	5:40	86	7:23	3.47	21:43	6:15	14		69	
Runde	3.47	22:23	6:27	8	5:03	87	7:34	6.94	44:06	6:21	14		68	14:28
Runde	3.47	22:18	6:25	4	3:12	63	8:38	10.41	1:06:24	6:22	14		68	21:13
Runde	3.47	24:07	6:57	8	4:35	90	8:20	13.88	1:30:31	6:31	14		66	29:33
Runde	3.47	24:04	6:56	4	4:03	67	8:03	17.35	1:54:35	6:36	14		65	37:36
Runde	3.97	22:33	5:40	3	2:48	43	21:57	21.34	2:17:08	6:25	6	24:55	67	1:29:41