



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Rauhut, Miki

Total time: 2:18:30

Number: 367

Speed: 9.24 km/h

Running performance: 6:29 min/km

Course: 21.34 km

Rank in course/Total: 85 (of 201)

Halbmarathon

Rank in course/Men: 74 (of 167)

Best time in course: 1:32:52

Category:

Rank in category: 16(of 34)

Senioren M40 (40-44 Jahre)

Best time in the category: 1:41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:23	5:17	10	3:42	31	4:03	3.47	18:23	5:17	33		75	
Runde	3.47	21:58	6:19	15	5:46	75	7:09	6.94	40:21	5:48	33		74	10:43
Runde	3.47	23:09	6:40	17	9:29	84	9:29	10.41	1:03:30	6:05	33		74	18:19
Runde	3.47	23:04	6:38	14	5:17	67	7:17	13.88	1:26:34	6:14	20		72	25:36
Runde	3.47	25:07	7:14	20	6:48	85	9:06	17.35	1:51:41	6:26	20		71	34:42
Runde	3.97	26:49	6:45	22	9:12	106	26:13	21.34	2:18:30	6:29	16	36:48	75	1:31:03