



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Heller, Roger

Club: BMW Laufgruppe Leipzig
Number: 163

Course: 21.34 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:20:37

Speed: 8.96 km/h
Running performance: 6:35 min/km

Rank in course/Total: 91 (of 201)

Rank in course/Men: 77 (of 167)

Best time in course: 1:32:52

Rank in category: 17(of 34)

Best time in the category: 1:41:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:18	6:42	21	8:37	111	8:58	3.47	23:18	6:42	34		78	0:25
Runde	3.47	22:45	6:33	20	6:33	97	7:56	6.94	46:03	6:38	34		77	16:25
Runde	3.47	23:07	6:39	16	9:27	83	9:27	10.41	1:09:10	6:38	34		77	23:59
Runde	3.47	23:32	6:46	18	5:45	78	7:45	13.88	1:32:42	6:40	19		75	31:44
Runde	3.47	24:18	7:00	16	5:59	71	8:17	17.35	1:57:00	6:44	19		74	40:01
Runde	3.97	23:37	5:56	15	6:00	66	23:01	21.34	2:20:37	6:35	17	38:55	78	1:33:10