



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Thiele, Jens

Club: SV Stockhütte

Number: 1584

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:04:19

Speed: 9.33 km/h

Running performance: 6:26 min/km

Rank in course/Total: 605 (of 637)

Rank in course/Men: 476 (of 493)

Best time in course: 31:35

Rank in category: 129(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:58	6:29	130	6:30	473	6:41	2.00	12:58	6:29	126	6:30	447	6:41
Runde Langstrec	2.00	12:49	6:24	132	6:07	485	6:26	4.00	25:47	6:26	126	12:37	447	13:07
Runde Langstrec	2.00	12:58	6:29	130	6:06	481	6:30	6.00	38:45	6:27	126	18:43	446	19:37
Runde Langstrec	2.00	12:53	6:26	129	6:07	472	6:29	8.00	51:38	6:27	132	24:50	485	26:06
Leichtathletikh	2.00	12:41	6:20	127	5:54	464	6:38	10.00	1:04:19	6:25	129	30:44	476	32:44