



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wietschorke, Ernst

Club: die flotten Mühlhäuser

Number: 1161

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M70 (70 und älter Jahre)

Total time: 59:48

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course/Total: 552 (of 637)

Rank in course/Men: 453 (of 493)

Best time in course: 31:35

Rank in category: 5(of 8)

Best time in the category: 47:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	11:31	5:45	4	2:27	370	5:14	2.00	11:31	5:45	6	2:27	155	5:14	
Runde Langstrec	2.00	11:35	5:47	5	2:12	449	5:12	4.00	23:06	5:46	6	4:39	457	10:26	
Runde Langstrec	2.00	11:56	5:58	5	2:21	450	5:28	6.00	35:02	5:50	6	7:00	279	15:54	
Runde Langstrec	2.00	12:25	6:12	5	2:35	458	6:01	8.00	47:27	5:55	6	9:35	451	21:55	
Leichtathletikh	2.00	12:21	6:10	5	2:33	456	6:18	10.00	59:48	5:58	5	12:08	453	28:13	