



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Tauber, Dustin

Club: Team Kyffhäuser Bike and Run
Number: 1047

Course: 10.00 km
Vintage VDB Lauf

Category:
Männer (20-29 Jahre)

Total time: 52:50

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 348 (of 637)

Rank in course/Men: 310 (of 493)

Best time in course: 31:35

Rank in category: 55(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	9:33	4:46	33	3:16	188	3:16	2.00	9:33	4:46	25		462	3:16	
Runde Langstrec	2.00	10:10	5:04	47	3:47	275	3:47	4.00	19:43	4:55	25		478	7:03	
Runde Langstrec	2.00	10:48	5:24	57	4:20	348	4:20	6.00	30:31	5:05	25		477	11:23	
Runde Langstrec	2.00	11:03	5:31	56	4:39	366	4:39	8.00	41:34	5:11	23		469	16:02	
Leichtathletikh	2.00	11:16	5:38	61	5:13	413	5:13	10.00	52:50	5:16	55	21:15	310	21:15	