



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Eckardt, Susann

Club: SG 1921 Merxleben e.V.

Number: 1339

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 50:18

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 267 (of 637)

Rank in course/Women: 21 (of 144)

Best time in course: 38:07

Rank in category: 10(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:47	5:23	9	2:20	38	3:27	2.00	10:47	5:23	3		108	3:27
Runde Langstrec	2.00	9:58	4:59	10	1:31	25	2:21	4.00	20:45	5:11	3		139	5:48
Runde Langstrec	2.00	9:56	4:58	10	1:35	21	2:10	6.00	30:41	5:06	3		139	7:58
Runde Langstrec	2.00	10:00	5:00	9	1:33	19	2:14	8.00	40:41	5:05	3		130	10:12
Leichtathletikh	2.00	9:37	4:48	8	1:19	15	1:59	10.00	50:18	5:01	10	8:18	21	12:11