



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Lindeskog, Marlo

Club: LTV Erfurt

Number: 529

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 15:25

Speed: 15.57 km/h

Running performance: 3:51 min/km

Rank in course/Total: 21 (of 446)

Rank in course/Men: 20 (of 278)

Best time in course: 12:07

Rank in category: 7(of 17)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	7:27	3:43	7	1:07	19	1:19	2.00	7:27	3:43	8		111	1:19
Leichtathletikhalle	2.00	7:58	3:59	7	1:30	24	1:59	4.00	15:25	3:51	7	2:37	20	3:18