



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Frießleben, Luke

Club: Jena

Number: 259

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Schüler U12 (11 Jahre und jünger)

Total time: 20:57

Speed: 11.46 km/h

Running performance: 5:14 min/km

Rank in course/Total: 165 (of 446)

Rank in course/Men: 131 (of 278)

Best time in course: 12:07

Rank in category: 17(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	11:09	5:34	25	3:06	163	5:01	2.00	11:09	5:34	40		117	5:01
Leichtathletikhalle	2.00	9:48	4:54	11	1:30	107	3:49	4.00	20:57	5:14	17	4:36	131	8:50