



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bergmann, Jean Pierre

Club: SV Schmira

Number: 278

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 19:55

Speed: 12.05 km/h

Running performance: 4:59 min/km

Rank in course/Total: 123 (of 446)

Rank in course/Men: 105 (of 278)

Best time in course: 12:07

Rank in category: 24(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	10:13	5:06	25	3:18	111	4:05	2.00	10:13	5:06	55		122	4:05
Leichtathletikhalle	2.00	9:42	4:50	22	2:25	103	3:43	4.00	19:55	4:58	24	5:43	105	7:48