



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Götz, Stefanie

Club: Erfurt

Number: 10

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 25:53

Speed: 9.27 km/h

Running performance: 6:28 min/km

Rank in course/Total: 370 (of 446)

Rank in course/Women: 122 (of 168)

Best time in course: 13:59

Rank in category: 23(of 34)

Best time in the category: 19:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:13	6:36	23	3:28	129	6:18	2.00	13:13	6:36	7		43	6:18
Leichtathletikhalle	2.00	12:40	6:19	22	2:51	119	5:36	4.00	25:53	6:28	23	5:56	122	11:54