



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Merschel, Gunter

Club: Ohrdrufer KSV

Number: 49

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 24:00

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course/Total: 317 (of 446)

Rank in course/Men: 223 (of 278)

Best time in course: 12:07

Rank in category: 22(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	11:40	5:49	19	4:03	193	5:32	2.00	11:40	5:49	30		127	5:32
Leichtathletikhalle	2.00	12:20	6:10	24	4:31	231	6:21	4.00	24:00	6:00	22	8:34	223	11:53