



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rosenstengel, Jule

Club: MTV 1860 Erfurt

Number: 356

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 24:17

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 325 (of 446)

Rank in course/Women: 99 (of 168)

Best time in course: 13:59

Rank in category: 8(of 10)

Best time in the category: 16:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:49	5:54	6	3:49	71	4:54	2.00	11:49	5:54	3	3:49	49	4:54
Leichtathletikhalle	2.00	12:28	6:14	9	4:24	117	5:24	4.00	24:17	6:04	8	8:13	99	10:18