



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hoffmann, Christopher

Club: Laufladen Erfurt

Number: 30

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 16:20

Speed: 14.69 km/h

Running performance: 4:05 min/km

Rank in course/Total: 31 (of 446)

Rank in course/Men: 27 (of 278)

Best time in course: 12:07

Rank in category: 7(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:24	4:12	7	2:16	35	2:16	2.00	8:24	4:12	23		18	2:16
Leichtathletikhalle	2.00	7:56	3:58	5	1:57	22	1:57	4.00	16:20	4:04	7	4:13	27	4:13