



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Stolze, Jens

Club: MTV Erfurt

Number: 288

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 27:10

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 404 (of 446)

Rank in course/Men: 264 (of 278)

Best time in course: 12:07

Rank in category: 57(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	13:39	6:49	58	6:44	262	7:31	2.00	13:39	6:49	16	2:31	157	7:31
Leichtathletikhalle	2.00	13:31	6:45	55	6:14	261	7:32	4.00	27:10	6:47	57	12:58	264	15:03