



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Krieger, Maria

Club: Schwerborn

Number: 275

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 23:16

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 269 (of 446)

Rank in course/Women: 72 (of 168)

Best time in course: 13:59

Rank in category: 12(of 34)

Best time in the category: 19:57

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde Kurzstrecke | 2.00 | 11:45 | 5:52 | 10 | 2:00 | 66 | 4:50 | 2.00 | 11:45 | 5:52 | 4 | | 76 | 4:50 |
| Leichtathletikhalle | 2.00 | 11:31 | 5:45 | 16 | 1:42 | 79 | 4:27 | 4.00 | 23:16 | 5:48 | 12 | 3:19 | 72 | 9:17 |