



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kunze, Christine

Number: 478

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 23:21

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 278 (of 446)

Rank in course/Women: 75 (of 168)

Best time in course: 13:59

Rank in category: 12(of 33)

Best time in the category: 19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:40	5:49	11	2:13	65	4:45	2.00	11:40	5:49	10		97	4:45
Leichtathletikhalle	2.00	11:41	5:50	17	2:22	92	4:37	4.00	23:21	5:50	12	4:17	75	9:22