



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Stein, Annemarie

Club: Erfurt

Number: 235

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 23:16

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 270 (of 446)

Rank in course/Women: 72 (of 168)

Best time in course: 13:59

Rank in category: 14(of 25)

Best time in the category: 16:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:22	5:41	11	3:24	55	4:27	2.00	11:22	5:41	12		101	4:27
Leichtathletikhalle	2.00	11:54	5:57	17	3:36	99	4:50	4.00	23:16	5:48	14	7:00	72	9:17