



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Körner, Karsten**

Club: Magdeburg

Number: 279

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 20:38

Speed: 11.63 km/h

Running performance: 5:10 min/km

Rank in course/Total: 149 (of 446)

Rank in course/Men: 121 (of 278)

Best time in course: 12:07

Rank in category: 27(of 60)

Best time in the category: 14:12

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	10:38	5:18	30	3:43	139	4:30	2.00	10:38	5:18	10		194	4:30
Leichtathletikhalle	2.00	10:00	5:00	25	2:43	111	4:01	4.00	20:38	5:09	27	6:26	121	8:31