



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Will, Karola

Club: 1. Erfurter Herzsportgruppe
Number: 246

Course: 4.00 km
Pokal der Sparkasse Mittelthüringen

Category:
Seniorinnen W50 (50-59 Jahre)

Total time: 33:27

Speed: 7.17 km/h
Running performance: 8:22 min/km

Rank in course/Total: 443 (of 446)

Rank in course/Women: 168 (of 168)

Best time in course: 13:59

Rank in category: 12(of 12)

Best time in the category: 22:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde Kurzstrecke	2.00	16:21	8:10	12	5:09	168	9:26	2.00	16:21	8:10	6	2:39	106	9:26	
Leichtathletikhalle	2.00	17:06	8:33	12	5:58	168	10:02	4.00	33:27	8:21	12	10:49	168	19:28	