



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Anders, Max Ole

Club: ESC Erfurt

Number: 243

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 14:51

Speed: 16.16 km/h

Running performance: 3:43 min/km

Rank in course/Total: 13 (of 446)

Rank in course/Men: 12 (of 278)

Best time in course: 12:07

Rank in category: 5(of 17)

Best time in the category: 12:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	7:23	3:41	6	1:03	16	1:15	2.00	7:23	3:41	13		27	1:15
Leichtathletikhalle	2.00	7:28	3:44	4	1:00	11	1:29	4.00	14:51	3:42	5	2:03	12	2:44