



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Sinnhöfer, Eyleen

Club: Erfurt

Number: 87

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 23:10

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 263 (of 446)

Rank in course/Women: 70 (of 168)

Best time in course: 13:59

Rank in category: 13(of 25)

Best time in the category: 16:16

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde Kurzstrecke | 2.00 | 12:25 | 6:12 | 14 | 4:27 | 95 | 5:30 | 2.00 | 12:25 | 6:12 | 8 | | 50 | 5:30 |
| Leichtathletikhalle | 2.00 | 10:45 | 5:22 | 10 | 2:27 | 44 | 3:41 | 4.00 | 23:10 | 5:47 | 13 | 6:54 | 70 | 9:11 |