



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Mönch, Greta

Club: LG Dosenbier n.e.V

Number: 122

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 28:55

Speed: 8.30 km/h

Running performance: 7:14 min/km

Rank in course/Total: 425 (of 446)

Rank in course/Women: 154 (of 168)

Best time in course: 13:59

Rank in category: 26(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:58	6:29	22	3:52	114	6:03	2.00	12:58	6:29	10	2:28	128	6:03
Leichtathletikhalle	2.00	15:57	7:58	27	6:53	167	8:53	4.00	28:55	7:13	26	10:27	154	14:56