



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Reuter, Katrin

Club: Erfurt
Number: 149

Course: 4.00 km
Pokal der Sparkasse Mittelthüringen

Category:
Seniorinnen W40 (40-49 Jahre)

Total time: 23:34

Speed: 10.18 km/h
Running performance: 5:53 min/km

Rank in course/Total: 292 (of 446)

Rank in course/Women: 83 (of 168)

Best time in course: 13:59

Rank in category: 15(of 33)

Best time in the category: 19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:09	6:04	16	2:42	81	5:14	2.00	12:09	6:04	7		110	5:14
Leichtathletikhalle	2.00	11:25	5:42	12	2:06	73	4:21	4.00	23:34	5:53	15	4:30	83	9:35