



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Reuter, Lorenz

Club: Erfurt
Number: 150

Course: 4.00 km
Pokal der Sparkasse Mittelthüringen

Category:
männliche Schüler U12 (11 Jahre und jünger)

Total time: 21:16

Speed: 11.29 km/h
Running performance: 5:19 min/km

Rank in course/Total: 178 (of 446)

Rank in course/Men: 142 (of 278)

Best time in course: 12:07

Rank in category: 18(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	10:17	5:08	14	2:14	118	4:09	2.00	10:17	5:08	16		114	4:09
Leichtathletikhalle	2.00	10:59	5:29	23	2:41	175	5:00	4.00	21:16	5:18	18	4:55	142	9:09