



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Ganß, Gabi**

Club: Erfurt  
Number: 306

Course: 4.00 km  
Pokal der Sparkasse Mittelthüringen

Category:  
Frauen (20-29 Jahre)

Total time: 16:16

Speed: 14.75 km/h  
Running performance: 4:04 min/km

Rank in course/Total: 30 (of 446)

Rank in course/Women: 4 (of 168)

Best time in course: 13:59

Rank in category: 1(of 25)

Best time in the category: 16:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	7:58	3:59	1	-	3	1:03	2.00	7:58	3:59	24	-	6	1:03
Leichtathletikhalle	2.00	8:18	4:09	1	-	4	1:14	4.00	16:16	4:03	1	-	4	2:17