



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Pögel, Ida

Club: Erfurt

Number: 222

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 25:21

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 352 (of 446)

Rank in course/Women: 114 (of 168)

Best time in course: 13:59

Rank in category: 23(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:00	6:30	23	3:54	118	6:05	2.00	13:00	6:30	7	2:30	133	6:05
Leichtathletikhalle	2.00	12:21	6:10	23	3:17	115	5:17	4.00	25:21	6:20	23	6:53	114	11:22