



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hanstein, André

Number: 486

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Männer (20-29 Jahre)

Total time: 25:30

Speed: 9.41 km/h

Running performance: 6:23 min/km

Rank in course/Total: 366 (of 446)

Rank in course/Men: 245 (of 278)

Best time in course: 12:07

Rank in category: 25(of 25)

Best time in the category: 12:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Kurzstrecke | 2.00 | 12:48 | 6:24 | 25 | 6:40 | 235 | 6:40 | 2.00 | 12:48 | 6:24 | 6 | 3:32 | 139 | 6:40 |
| Leichtathletikhalle | 2.00 | 12:42 | 6:20 | 24 | 6:43 | 249 | 6:43 | 4.00 | 25:30 | 6:22 | 25 | 13:23 | 245 | 13:23 |