



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Krieg, Franziska

Club: GröKri2014

Number: 387

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 26:08

Speed: 9.18 km/h

Running performance: 6:32 min/km

Rank in course/Total: 381 (of 446)

Rank in course/Women: 125 (of 168)

Best time in course: 13:59

Rank in category: 18(of 25)

Best time in the category: 16:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:09	6:34	18	5:11	126	6:14	2.00	13:09	6:34	2	0:21	92	6:14
Leichtathletikhalle	2.00	12:59	6:29	19	4:41	128	5:55	4.00	26:08	6:31	18	9:52	125	12:09