



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kohl, Wigbert

Club: ASV Erfurt

Number: 152

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M70 (70 und älter Jahre)

Total time: 22:57

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 253 (of 446)

Rank in course/Men: 188 (of 278)

Best time in course: 12:07

Rank in category: 3(of 5)

Best time in the category: 19:20

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|---------------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Runde Kurzstrecke | 2.00 | 11:11 | 5:35 | 3 | 1:46 | 165 | 5:03 | 2.00 | 11:11 | 5:35 | 5 | 1:46 | 141 | 5:03 |
| Leichtathletikhalle | 2.00 | 11:46 | 5:53 | 3 | 1:51 | 212 | 5:47 | 4.00 | 22:57 | 5:44 | 3 | 3:37 | 188 | 10:50 |