



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Handrich, Bettina

Club: Sparkasse Mittelthüringen

Number: 104

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 26:24

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 389 (of 446)

Rank in course/Women: 129 (of 168)

Best time in course: 13:59

Rank in category: 6(of 12)

Best time in the category: 22:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:33	6:46	7	2:21	139	6:38	2.00	13:33	6:46	12		166	6:38
Leichtathletikhalle	2.00	12:51	6:25	5	1:43	122	5:47	4.00	26:24	6:35	6	3:46	129	12:25