



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Große, Elke**

Club: SG Athletico Büdelsdorf

Number: 15

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 24:29

Speed: 9.80 km/h

Running performance: 6:07 min/km

Rank in course/Total: 327 (of 446)

Rank in course/Women: 101 (of 168)

Best time in course: 13:59

Rank in category: 19(of 33)

Best time in the category: 19:04

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                     |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Runde Kurzstrecke   | 2.00        | 12:54         | 6:27            | 21          | 3:27           | 111          | 5:59            | 2.00          | 12:54         | 6:27            | 17          |                | 168          | 5:59            |
| Leichtathletikhalle | 2.00        | 11:35         | 5:47            | 14          | 2:16           | 84           | 4:31            | 4.00          | 24:29         | 6:07            | 19          | 5:25           | 101          | 10:30           |