



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bräutigam, Marcel

Club: GutsMuths-Rennsteiglaufverein

Number: 1351

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 31:43

Speed: 18.92 km/h

Running performance: 3:10 min/km

Rank in course/Total: 2 (of 637)

Rank in course/Men: 2 (of 493)

Best time in course: 31:35

Rank in category: 2(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Runde Langstrec	2.00	6:17	3:08	1	-	1	-	2.00	6:17	3:08	52		1	-
Runde Langstrec	2.00	6:23	3:11	1	-	1	-	4.00	12:40	3:09	52		1	-
Runde Langstrec	2.00	6:28	3:14	1	-	1	-	6.00	19:08	3:11	52		1	-
Runde Langstrec	2.00	6:24	3:12	1	-	1	-	8.00	25:32	3:11	51		1	-
Leichtathletikhal	2.00	6:11	3:05	2	0:08	2	0:08	10.00	31:43	3:10	2	0:08	2	0:08