



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Liebelt, Markus

Club: SV 90 Nordhausen Triathlon

Number: 1550

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 35:44

Speed: 16.79 km/h

Running performance: 3:34 min/km

Rank in course/Total: 8 (of 637)

Rank in course/Men: 8 (of 493)

Best time in course: 31:35

Rank in category: 4(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	6:46	3:23	4	0:29	8	0:29	2.00	6:46	3:23	50		9	0:29
Runde Langstrec	2.00	7:13	3:36	5	0:50	9	0:50	4.00	13:59	3:29	50		9	1:19
Runde Langstrec	2.00	7:27	3:43	7	0:59	12	0:59	6.00	21:26	3:34	50		9	2:18
Runde Langstrec	2.00	7:20	3:39	6	0:56	11	0:56	8.00	28:46	3:35	49		8	3:14
Leichtathletikh	2.00	6:58	3:29	4	0:55	7	0:55	10.00	35:44	3:34	4	4:09	8	4:09