



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Quellmalz, Eric**

Club: LTV Erfurt

Number: 1494

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 35:46

Speed: 16.78 km/h

Running performance: 3:35 min/km

Rank in course/Total: 9 (of 637)

Rank in course/Men: 9 (of 493)

Best time in course: 31:35

Rank in category: 5(of 69)

Best time in the category: 31:35

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde Langstrec | 2.00        | 6:38          | 3:19            | 3           | 0:21           | 7           | 0:21          | 2.00          | 6:38          | 3:19            | 44          |                | 17         | 0:21          |
| Runde Langstrec | 2.00        | 7:09          | 3:34            | 3           | 0:46           | 7           | 0:46          | 4.00          | 13:47         | 3:26            | 44          |                | 17         | 1:07          |
| Runde Langstrec | 2.00        | 7:25          | 3:42            | 6           | 0:57           | 11          | 0:57          | 6.00          | 21:12         | 3:31            | 44          |                | 17         | 2:04          |
| Runde Langstrec | 2.00        | 7:29          | 3:44            | 9           | 1:05           | 16          | 1:05          | 8.00          | 28:41         | 3:35            | 43          |                | 16         | 3:09          |
| Leichtathletikh | 2.00        | 7:05          | 3:32            | 6           | 1:02           | 10          | 1:02          | 10.00         | 35:46         | 3:34            | 5           | 4:11           | 9          | 4:11          |