



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fritsch, Johannes

Club: Jena

Number: 1046

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 37:44

Speed: 15.90 km/h

Running performance: 3:46 min/km

Rank in course/Total: 20 (of 637)

Rank in course/Men: 20 (of 493)

Best time in course: 31:35

Rank in category: 11(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	7:35	3:47	13	1:18	32	1:18	2.00	7:35	3:47	43		19	1:18
Runde Langstrec	2.00	7:22	3:40	10	0:59	18	0:59	4.00	14:57	3:44	43		19	2:17
Runde Langstrec	2.00	7:34	3:46	11	1:06	19	1:06	6.00	22:31	3:45	43		19	3:23
Runde Langstrec	2.00	7:48	3:53	11	1:24	20	1:24	8.00	30:19	3:47	42		18	4:47
Leichtathletikh	2.00	7:25	3:42	11	1:22	17	1:22	10.00	37:44	3:46	11	6:09	20	6:09