



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fritsch, Johannes

Club: Jena

Number: 1046

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 37:44

Speed: 15.90 km/h

Running performance: 3:46 min/km

Rank in course/Total: 20 (of 637)

Rank in course/Men: 20 (of 493)

Best time in course: 31:35

Rank in category: 11(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|--|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde Langstrec | 2.00 | 7:35 | 3:47 | 13 | 1:18 | 32 | 1:18 | 2.00 | 7:35 | 3:47 | 43 | | 19 | 1:18 | |
| Runde Langstrec | 2.00 | 7:22 | 3:40 | 10 | 0:59 | 18 | 0:59 | 4.00 | 14:57 | 3:44 | 43 | | 19 | 2:17 | |
| Runde Langstrec | 2.00 | 7:34 | 3:46 | 11 | 1:06 | 19 | 1:06 | 6.00 | 22:31 | 3:45 | 43 | | 19 | 3:23 | |
| Runde Langstrec | 2.00 | 7:48 | 3:53 | 11 | 1:24 | 20 | 1:24 | 8.00 | 30:19 | 3:47 | 42 | | 18 | 4:47 | |
| Leichtathletikh | 2.00 | 7:25 | 3:42 | 11 | 1:22 | 17 | 1:22 | 10.00 | 37:44 | 3:46 | 11 | 6:09 | 20 | 6:09 | |