



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schmidt, Marco

Club: SWE

Number: 1372

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 38:57

Speed: 15.40 km/h

Running performance: 3:54 min/km

Rank in course/Total: 28 (of 637)

Rank in course/Men: 27 (of 493)

Best time in course: 31:35

Rank in category: 3(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00 | 7:27 | 3:43 | 3 | 0:59 | 28 | 1:10 | 2.00 | 7:27 | 3:43 | 4 | 0:59 | 20 | 1:10 |
| Runde Langstrec | 2.00 | 7:48 | 3:53 | 3 | 1:06 | 30 | 1:25 | 4.00 | 15:15 | 3:48 | 4 | 2:05 | 20 | 2:35 |
| Runde Langstrec | 2.00 | 8:01 | 4:00 | 3 | 1:09 | 29 | 1:33 | 6.00 | 23:16 | 3:52 | 4 | 3:14 | 20 | 4:08 |
| Runde Langstrec | 2.00 | 7:57 | 3:58 | 3 | 1:11 | 27 | 1:33 | 8.00 | 31:13 | 3:54 | 3 | 4:25 | 19 | 5:41 |
| Leichtathletikh | 2.00 | 7:44 | 3:52 | 3 | 0:57 | 30 | 1:41 | 10.00 | 38:57 | 3:53 | 3 | 5:22 | 27 | 7:22 |