



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Huth, Christian

Club: USC Magdeburg Triathlon

Number: 1059

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 39:12

Speed: 15.31 km/h

Running performance: 3:55 min/km

Rank in course/Total: 30 (of 637)

Rank in course/Men: 29 (of 493)

Best time in course: 31:35

Rank in category: 10(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time				Pos Men	Behind Men
Runde Langstrec	2.00	7:48	3:53	14	1:31	39	1:31	2.00	7:48	3:53	5	1:31	22	1:31
Runde Langstrec	2.00	7:51	3:55	12	1:28	32	1:28	4.00	15:39	3:54	5	2:59	22	2:59
Runde Langstrec	2.00	7:54	3:57	10	1:26	26	1:26	6.00	23:33	3:55	5	4:25	22	4:25
Runde Langstrec	2.00	7:55	3:57	6	1:31	22	1:31	8.00	31:28	3:55	5	5:56	21	5:56
Leichtathletikh	2.00	7:44	3:52	9	1:15	30	1:41	10.00	39:12	3:55	10	7:11	29	7:37