



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Seise, Eric

Club: die flotten Mühlhäuser

Number: 65

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:56

Speed: 13.38 km/h

Running performance: 4:29 min/km

Rank in course/Total: 67 (of 446)

Rank in course/Men: 59 (of 278)

Best time in course: 12:07

Rank in category: 6(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	8:36	4:17	6	1:10	52	2:28	2.00	8:36	4:17	17		25	2:28
Leichtathletikhalle	2.00	9:20	4:40	9	1:50	80	3:21	4.00	17:56	4:29	6	3:00	59	5:49