



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Merschel, Dirk

Club: FSV 06 Ohratal

Number: 1041

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 42:37

Speed: 14.08 km/h

Running performance: 4:16 min/km

Rank in course/Total: 67 (of 637)

Rank in course/Men: 65 (of 493)

Best time in course: 31:35

Rank in category: 18(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:50	4:25	23	2:33	109	2:33	2.00	8:50	4:25	37		63	2:33
Runde Langstrec	2.00	8:32	4:15	18	2:09	72	2:09	4.00	17:22	4:20	37		71	4:42
Runde Langstrec	2.00	8:29	4:14	18	2:01	62	2:01	6.00	25:51	4:18	37		71	6:43
Runde Langstrec	2.00	8:31	4:15	17	2:07	57	2:07	8.00	34:22	4:17	36		70	8:50
Leichtathletikhal	2.00	8:15	4:07	18	2:12	62	2:12	10.00	42:37	4:15	18	11:02	65	11:02