



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Jacobi, Andreas

Club: MTB Steiger Racing Erfurt

Number: 1529

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 43:07

Speed: 13.92 km/h

Running performance: 4:19 min/km

Rank in course/Total: 76 (of 637)

Rank in course/Men: 74 (of 493)

Best time in course: 31:35

Rank in category: 35(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00 | 8:14 | 4:06 | 27 | 1:57 | 62 | 1:57 | 2.00 | 8:14 | 4:06 | 19 | 1:57 | 43 | 1:57 |
| Runde Langstrec | 2.00 | 8:45 | 4:22 | 46 | 2:22 | 106 | 2:22 | 4.00 | 16:59 | 4:14 | 30 | 4:19 | 72 | 4:19 |
| Runde Langstrec | 2.00 | 8:49 | 4:24 | 37 | 2:21 | 89 | 2:21 | 6.00 | 25:48 | 4:17 | 30 | 6:40 | 72 | 6:40 |
| Runde Langstrec | 2.00 | 8:54 | 4:27 | 40 | 2:30 | 95 | 2:30 | 8.00 | 34:42 | 4:20 | 30 | 9:10 | 71 | 9:10 |
| Leichtathletikh | 2.00 | 8:25 | 4:12 | 37 | 1:56 | 75 | 2:22 | 10.00 | 43:07 | 4:18 | 35 | 11:06 | 74 | 11:32 |