



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Fritsch, Steve**

Club: Erfurt  
Number: 1382

Course: 10.00 km  
Vintage VDB Lauf

Category:  
Senioren M30 (30-39 Jahre)

Total time: 42:45

Speed: 14.04 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 68 (of 637)

Rank in course/Men: 66 (of 493)

Best time in course: 31:35

Rank in category: 30(of 133)

Best time in the category: 32:01

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total ranking |            |              |          |             |         |            |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
|                 |          |            |              |          |             | Pos Men     | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00     | 8:31       | 4:15         | 31       | 2:14        | 78          | 2:14       | 2.00          | 8:31       | 4:15         | 36       | 2:14        | 67      | 2:14       |
| Runde Langstrec | 2.00     | 8:35       | 4:17         | 31       | 2:12        | 76          | 2:12       | 4.00          | 17:06      | 4:16         | 36       | 4:26        | 85      | 4:26       |
| Runde Langstrec | 2.00     | 8:39       | 4:19         | 33       | 2:11        | 73          | 2:11       | 6.00          | 25:45      | 4:17         | 36       | 6:37        | 85      | 6:37       |
| Runde Langstrec | 2.00     | 8:49       | 4:24         | 37       | 2:25        | 81          | 2:25       | 8.00          | 34:34      | 4:19         | 31       | 9:02        | 73      | 9:02       |
| Leichtathletikh | 2.00     | 8:11       | 4:05         | 26       | 1:42        | 54          | 2:08       | 10.00         | 42:45      | 4:16         | 30       | 10:44       | 66      | 11:10      |