



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Klöppner, Norman

Number: 1439

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 43:06

Speed: 13.92 km/h

Running performance: 4:19 min/km

Rank in course/Total: 75 (of 637)

Rank in course/Men: 73 (of 493)

Best time in course: 31:35

Rank in category: 34(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00 | 9:32 | 4:46 | 65 | 3:15 | 185 | 3:15 | 2.00 | 9:32 | 4:46 | 37 | 3:15 | 87 | 3:15 |
| Runde Langstrec | 2.00 | 8:28 | 4:14 | 28 | 2:05 | 66 | 2:05 | 4.00 | 18:00 | 4:30 | 37 | 5:20 | 87 | 5:20 |
| Runde Langstrec | 2.00 | 8:23 | 4:11 | 24 | 1:55 | 53 | 1:55 | 6.00 | 26:23 | 4:23 | 27 | 7:15 | 63 | 7:15 |
| Runde Langstrec | 2.00 | 8:29 | 4:14 | 25 | 2:05 | 55 | 2:05 | 8.00 | 34:52 | 4:21 | 37 | 9:20 | 86 | 9:20 |
| Leichtathletikh | 2.00 | 8:14 | 4:06 | 29 | 1:45 | 60 | 2:11 | 10.00 | 43:06 | 4:18 | 34 | 11:05 | 73 | 11:31 |