



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Blümling, Laura

Club: FSG Eisenberg

Number: 395

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 18:41

Speed: 12.85 km/h

Running performance: 4:40 min/km

Rank in course/Total: 89 (of 446)

Rank in course/Women: 11 (of 168)

Best time in course: 13:59

Rank in category: 4(of 12)

Best time in the category: 15:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	9:06	4:32	4	1:23	10	2:11	2.00	9:06	4:32	2	1:23	7	2:11
Leichtathletikhalle	2.00	9:35	4:47	4	1:26	15	2:31	4.00	18:41	4:40	4	2:49	11	4:42