



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Machalett, Marcel

Club: FF Haarhausen

Number: 1459

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 44:31

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 112 (of 637)

Rank in course/Men: 108 (of 493)

Best time in course: 31:35

Rank in category: 44(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:58	4:29	43	2:41	121	2:41	2.00	8:58	4:29	41	2:41	97	2:41
Runde Langstrec	2.00	8:52	4:26	51	2:29	126	2:29	4.00	17:50	4:27	41	5:10	97	5:10
Runde Langstrec	2.00	8:57	4:28	48	2:29	116	2:29	6.00	26:47	4:27	41	7:39	97	7:39
Runde Langstrec	2.00	9:01	4:30	47	2:37	109	2:37	8.00	35:48	4:28	41	10:16	96	10:16
Leichtathletikh	2.00	8:43	4:21	48	2:14	105	2:40	10.00	44:31	4:27	44	12:30	108	12:56